

Download Leave The Light On A Memoir Of Recovery And Self Discovery

Yes, I'm mentioned here: Telling Their Life Stories, Older Adults Find Peace in Looking Back (Susan B. Garland, Retiring, Your Money, NY Times, 12-9-16) Storytelling, so important in late life, may be facilitated in many ways, including Guided Autobiography classes (in which participants write stories to read aloud each week, on themes such as Money and Work), other forms of memoir writing ...The Use of the 12-Step Programs, Recovery Groups, and Recovery Resources . The 12-step programs provide a suggested structure and support for healing our lives of outmoded and self-destructive patterns."I am writing biography, not history, and the truth is that the most brilliant exploits often tell us nothing of the virtues or vices of the men who performed them, while on the other hand a chance remark or a joke may reveal far more of a man's character than the mere feat of winning battles in which thousands fall, or of marshalling great armies, or laying siege to cities."It was supposed to be every writer's dream when a Hollywood film producer bought the option to adapt my memoir for the big screen. The book was a tell-all about how I met my partner – a light-hearted love story with a happy ending.