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Ideal for the countless Catholics who attend Mass simply out of habit, for the many who haven't been to Mass in a while, or for anyone seeking to join the Catholic Church, Living the Mass compellingly demonstrates how the one hour spent at Mass on Sunday can truly transform the other 167 hours of the week. Ideal for the countless Catholics who attend Mass simply out of habit, for the many who haven't been to Mass in a while, or for anyone seeking to join the Catholic Church, Living the Mass compellingly demonstrates how the one hour spent at Mass on Sunday can truly transform the other 167 hours of the week. "Living the Mass is a rich and resonant meditation on the Eucharist that will deepen the liturgy for those on both sides of the altar." —Andrew Greeley "We Catholics don't go to Mass; we go back to Mass—from having been 'sent forth' the last time! Grassi and Paprocki explain why, how ...Living the Mass How One Hour a Week Can Change Your Life by Fr. Dominic Grassi 9780829436143 (Paperback, 2011) Delivery Canadian shipping is usually within 13 to 17 working days.