

Download Managing Herpes Living Loving With Hsv

Want to learn about herpes? Newly diagnosed? Then Managing Herpes is a great place to start.. Managing Herpes: Living & Loving with HSV by Charles Ebel and Anna Wald, MD, MPH, is an essential resource for anyone dealing with genital herpes. This well researched and updated edition provides a balanced, reassuring perspective on the medical and emotional issues surrounding genital herpes. So you found out you have the herpes virus, and are probably feeling uncertain about the future. If you're asking yourself how to live with herpes, know that it's more than possible: Many people consider it to be nothing more than an occasionally inconvenient skin condition. Herpes may raise strong emotional issues, especially in the first few weeks or months after a diagnosis. Some people initially feel embarrassment, shame, anger, or depression. How the facts about Genital Herpes can help. Genital herpes is caused by herpes simplex virus (one of the most common viruses in mankind) and in most cases causes very mild symptoms or none at all.